



# THE SAVING WORD

FIRST SUNDAY OF LENT / C

6 MARCH 2022

## FIRST READING

Deut 26:4-10

A reading from the book of Deuteronomy

*The confession of faith of the elect.*

Moses said to the people: "The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me." You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

■ The word of the Lord.

**RESPONSORIAL PSALM** Ps 90:1-2, 10-15. R. v. 15

**R.** Be with me, Lord, when I am in trouble.

1. He who dwells in the shelter of the Most High / and abides in the shade of the Almighty / says to the Lord: 'My refuge, / my stronghold, my God in whom I trust!' **R.**

2. Upon you no evil shall fall, / no plague approach where you dwell. / For you has he commanded his angels, / to keep you in all your ways. **R.**

3. They shall bear you upon their hands / lest you strike your foot against a stone. / On the lion and the viper you will tread / and trample the young lion and the dragon. **R.**



4. His love he set on me, so I will rescue him; / protect him for he knows my name. / When he calls I shall answer: 'I am with you.' / I will save him in distress and give him glory. **R.**

## SECOND READING

Rom 10:8-13

A reading from the letter of St Paul to the Romans

*The confession of faith of the believers in Christ.*

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

■ The word of the Lord.

## GOSPEL ACCLAMATION

Mt 4:4

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone, but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!





# OUR LADY of MT CARMEL CHURCH BULLETIN

## 1st Sunday Lent - 6 March 2022, Year C

### PARISH INFORMATION

**Address:** 82 Collick Street, Hilton, WA, 6163  
**Phone:** (08) 9314 7733  
**Email:** [sec.hilton@perthcatholic.org.au](mailto:sec.hilton@perthcatholic.org.au)  
**Website:** [www.olmchilton.org.au](http://www.olmchilton.org.au)

### PARISH MINISTRY TEAM

**Parish Priest:** Fr Paul Raj  
**Parish Secretary:** Tereza Camacho  
**Safeguarding Officer:** Brigette Liddelow - 0432 908 980  
**Avila Retirement Village Secretary:** Judy Rowlands – 0448 205 283  
**OLMC Primary School RE:** Julie Kay  
**OLMC Primary School Principal:** Jayson Peacock - 9269 2000  
**Seton Catholic College Website:** <http://www.seton.wa.edu.au/olmc-parish>

### PARISH OFFICE HOURS

**Tuesday, Wednesday & Friday:** 9am – 3pm  
**Thursday:** 9am – 12.30pm

### MASS INTENTIONS



#### 1<sup>st</sup> Sunday Lent, 6 March

**Saturday 6pm Mass** for Bernie Da Sousa (Birthday Intentions) + Luigina D’Alessandro (RIP Anniversary & Giovanna D’Alessandro (RIP & Birthday) + Mary Erget (RIP)

**Sunday 7.30am Mass** for Celina Da Sousa (Birthday Intentions)

**Sunday 9am Mass** for Stephen Randall (RIP) + Pasquale & Teresa Celenza (RIP 50<sup>th</sup> Anniversary) + Andrew Creighan (RIP Recently)

**2.30pm-3.30pm** Holy Hour



#### Monday 7 March – Sts Perpetua & Felicity

**NO 7-9pm** Holy Trinity Prayer Group – Public Holiday



#### Tuesday 8 March – St John of God

**9am Mass** for Antonia Ivelia (RIP) + John Randall (RIP)

#### Wednesday 9 March – St Frances of Rome

**9am Mass** for St Joseph Honour + In Honour of Precious Blood of Jesus for Souls in Purgatory

**Morning Tea** after Mass

**10.30am** Legion of Mary

**NO 6-7pm** Eucharistic Adoration

**6.30pm** OLMC Parents & Children Workshop



#### Thursday 10 March

**9am-4pm** Church Open for Prayers

#### Friday 11 March

**9am Mass** for Most Holy Trinity Honour

**9.30-10.30am** Stations of the Cross + Eucharistic Adoration



#### Saturday 12 March

**9am Mass** for Ivanka & Nikola Jurica (RIP)

#### 2<sup>nd</sup> Sunday Lent, 13 March

**Saturday 6pm Mass** for Karlo Mravljinc (RIP)

**Sunday 7.30am Mass** for Maria Celeste (RIP), Manuel Pereira (RIP) & Families

**Sunday 9am Mass** for Antonia Ivelja (RIP)



### WELCOME TO OUR LADY OF MT CARMEL PARISH

If you are a new parishioner, please introduce yourself to Fr Paul. We would like to know a bit about you and your family. You can also fill in a Parishioner Registration Form and join in the Parish Planned Giving Program.



### PLEASE PRAY FOR SICK PARISHIONERS

Christine Rhow, Veronica, Maria, Consiglia Ciavatta, Irwin Beachell, Isabella Da Cunha, Norma Elliott, Rudi Tassell, Steven, Davina, Elisabetta Paddon, Dermot McKernon, Edward Fortune, Lou Collova, Franca Kalat, Zdenka Mravljinc, Beatrice Fernandez – Davina’s Grandmother, Alex, Tonino, Desmond O’Connor, Lisa Bubb, Jacqueline Paul ...



### 2022 SACRAMENT DATES

**RECONCILIATION:** Wednesday 16 March 6.30pm

**FIRST HOLY COMMUNION:** Sunday 19 June 9am

**CONFIRMATION:** Sunday 4 September 9am



### RECONCILIATION

Saturday 9.30-10am and 5.15-5.45pm  
Or by appointment.



### MASS INTENTIONS

Suggested Offering **\$15 per Mass**. Please give Mass Intention Envelopes to Fr Paul or Parish Office.



### NEXT WEEK’S READINGS

#### 2<sup>nd</sup> Sunday Lent, 13 March

**1<sup>st</sup>:** Gen 15:5-12, 17-18

**2<sup>nd</sup>:** Phil 3:17-4:1

**Gospel:** Lk 9:28-36



### ENTRANCE ANTIPHON

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.



### COMMUNION ANTIPHON

One does not live by bread alone, but by every word that comes forth from the mouth of God.





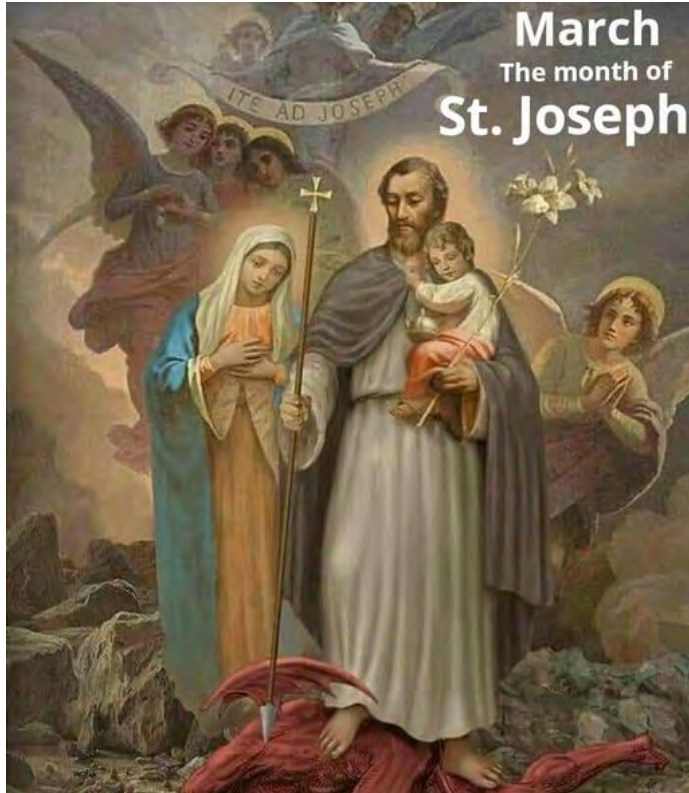
# OUR LADY OF MT CARMEL CHURCH BULLETIN

## 1st Sunday Lent - 6 March 2022, Year C

**STEWARDSHIP: Twenty Tips for A Successful Time and Talent Ministry Fair – Goal – Purpose: To organise:** Fairs are a natural way of getting stewardship to work right then and there. 🙏



Sacrament of Reconciliation for the very first time. Please pray for the children and their families as they travel along in their sacramental journey. Being a Parish event, we would love to see as many parishioners there as possible.



### CORONAVIRUS PRAYER.

(Adapted from Saints Peter & Paul Church, Portlaoise, Ireland.)

Mighty and Eternal God, our refuge in every danger, to whom we turn in our distress. In faith, we pray that you look with compassion on the afflicted; grant eternal rest to the dead; comfort to mourners; healing to the sick; peace to the dying; strength to healthcare workers; inspiration to scientists and wisdom to our leaders. Give us the courage to reach out to all in love, so that together we may give glory to your Holy Name. Amen.



**2022 HOLY FATHER MONTHLY PRAYER INTENTIONS: March – A Christian Response to Bioethical Challenges.** We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action.



**A PRAYER FOR UKRAINE:** Gracious God, we pray for the people of Ukraine suffering from war. May they be held in your loving care and protection and given the strength to endure their suffering and hardship. Transform the hearts and minds of those who perpetuate the violence and oppression. Grant wisdom to world leaders in advancing efforts toward peace; may they not be compromised by self-interest and blind indifference. We ask all this through the intercession of Our Lady of Perpetual Help and in the name of your Son Jesus, and the Holy Spirit, now and forever. Amen. *Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid. John 14:27.*



**FIRST SUNDAY OF LENT 5 & 6 March 2022: Anatercia 12,** was struggling to cope with adult responsibilities after her father died. Then she participated in Caritas Australia-supported training and gained access to psychosocial supports. Now, her quality of life has improved and she can focus on school. **Please donate to Project Compassion 2022 to help young people succeed in the future and bring stability to vulnerable youth like Anatercia.** Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations.** You can donate through Project Compassion donation boxes and envelopes available from your Parish, by visiting [lent.caritas.org.au](http://lent.caritas.org.au), or by calling 1800 024 413.



**HOLY HOUR FIRST SUNDAY OF THE MONTH at OLMC HILTON: Sunday 6-3-22 from 2.30pm – 3.30pm. The March Holy Hour intentions will be for:** ♥



People of Ukraine. ♥ Peace in the world. ♥ For all the people in Australia and around the world affected by the floods and natural disasters. ♥ For all of the people affected by man-made disasters. ♥ Those who have recommended themselves to our prayers. ♥ For all the sick and dying in the parish. ♥ For all of our intentions. ♥ Needs of all parishioners. ♥ the renewal of the parish and school

**OLMC YEAR 3 and PARISH RECONCILIATION: Wednesday 16 March 2022 at 6.30pm.** Children from OLMC Primary School are receiving the







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1st Sunday Lent - 6 March 2022, Year C

communities. ♥ for all those who will receive their sacraments this year... People are invited to place the intention requests in the box in the church foyer or to contact Martha on 0438 999 107 or [Martha.kalat@gmail.com](mailto:Martha.kalat@gmail.com).




### PRAYER TO OUR LADY HELP OF CHRISTIANS by Brian Martin

– **OLMC Parishioner:** Lord, we as Australians embrace Mary your Mother, as our Patroness. May we seek through her intercession, justice for the original inhabitants, guidance and protection for your church, wisdom from our leaders, harmony and peace through all challenges. Amen.



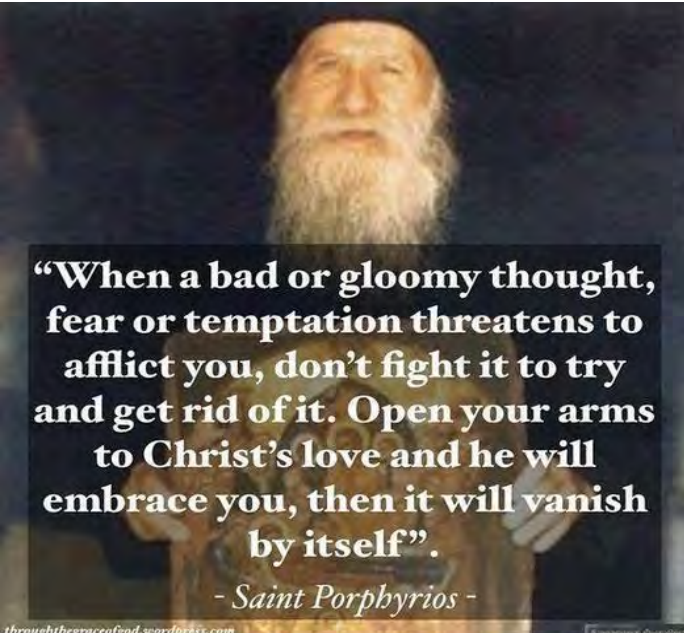
**Saint Joseph,  
pray for us.**



Act of Spiritual Communion

My Jesus,  
I believe that You are present  
in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were  
already there and unite myself  
wholly to You. Never permit me  
to be separated from You.

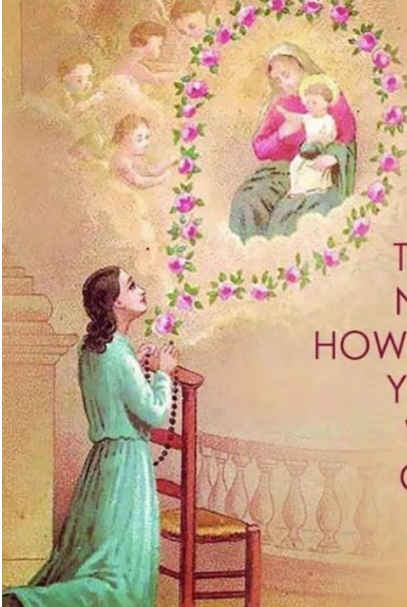
Amen.

**“When a bad or gloomy thought,  
fear or temptation threatens to  
afflict you, don’t fight it to try  
and get rid of it. Open your arms  
to Christ’s love and he will  
embrace you, then it will vanish  
by itself”.**

- Saint Porphyrios -

throughthegraceofgod.wordpress.com



LET NOT  
EVEN ONE  
DAY PASS  
WITHOUT  
SAYING  
THE ROSARY  
NO MATTER  
HOW BURDENED  
YOU MAY BE  
WITH MANY  
CARES AND  
LABORS.

*Pope Pius XI*

40  
days  
of Lent






# OUR LADY of MT CARMEL CHURCH BULLETIN


1st Sunday Lent - 6 March 2022, Year C

## BULLETIN SPONSORS


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**OUR LADY of MT CARMEL NOVENA:** God our Father, prompted by Your Spirit the order of Carmel has from the beginning dedicated itself to the Mother of Your Son. As she unites her prayers with ours, look with favour upon us and bless our families, keep each of us from harm And bring us to the joy of heaven. We ask this through Jesus the Lord. **Amen.**



**SOULS in PURGATORY PRAYER:** Eternal Father, I offer You the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, for those in my own home, and in my family. **Amen.**



**OUR LADY of ALL NATIONS PRAYER:** Lord Jesus Christ, Son of the Father, send now Your Spirit over the earth. Let the Holy Spirit live in the hearts of all nations, that they may be preserved from degeneration, disaster and war. May the Lady of All Nations, the Blessed Virgin Mary, be our Advocate. **Amen.**



Through Him, with Him, in Him  
 In the unity of the Holy Spirit,  
 All glory and honour is Yours,  
 Almighty Father,  
 Forever and ever.  
 Amen.

**Act of Spiritual Communion**

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You have already come, and unite myself wholly to You. Never permit me to be separated from You. Amen.

<b>WEEK 1</b> <b>5-6 MAR</b> <b>1<sup>ST</sup> LENT</b>	<b>COMMENTATOR</b>	<b>READERS</b>	<b>ACOLYTE</b>
<b>Sat 6pm</b>	Martha Kalat	Susie Poleschtschuk	Joe De Ornelas
<b>Sun 7.30am</b>	Diane Richards	Jenny Troy	Gerry Miller
<b>Sun 9am</b>	Volunteer	Franca Kalat	Ken Hla
<b>WEEK 2</b> <b>12-13 MAR</b> <b>2<sup>ND</sup> LENT</b>	<b>COMMENTATOR</b>	<b>READERS</b>	<b>ACOLYTE</b>
<b>Sat 6pm</b>	Volunteer	Volunteer	Simon Overton
<b>Sun 7.30am</b>	Diane Richards	Nicolas Lim	Gerry Miller
<b>Sun 9am</b>	Vicky Rafala	Maria Bradshaw	Frank Cooper





### GOSPEL

Lk 4:1-13

A reading from the holy Gospel according to Luke.

*Filled with the Holy Spirit, Jesus was led by the Spirit through the wilderness where he was tempted.*

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him. 'Scripture says:

You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God', he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you to guard you,

and again:

They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

### ■ The Gospel of the Lord.

#### A SERVICE OF THE SOCIETY OF ST PAUL



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# Breaking Open the Word

## CONFESSION OF FAITH

It is said that without the faculty of memory there can be no sense of identity. We don't know who we are or where we are going without knowing where we have been. For the people of Israel, it was critical to remember with gratitude the saving acts of God that had brought them to the land of promise, passing from slavery to freedom. Today's text from Deuteronomy was Israel's first creed and it played an important role in forming Israel's identity as a people cherished and chosen to be God's people in a unique way.

In the temptation scene, we see Jesus coming to terms with his identity as God's Son. Where was his life going? How was he to live as Son of God? For 40 days the devil searches and probes, entices, and challenges. Ultimately, Jesus proclaims that God is the source of his life, the devil's offer of power an illusion, and forcing God's hand is not acceptable for the person of faith.

In writing to the Christian community of Rome, Paul had to deal with the question of the identity of Christians and their relationship to the people of Israel and the Jewish law. While the people of Israel continued to have a special place in God's plans, Paul knew that the law that had been given to Moses now played a secondary role for Christians. Paul makes it clear that due to God's graciousness both Jews and Gentiles can be saved by means of faith in Jesus.

**Christopher Monaghan CP**