



# THE SAVING WORD

FOURTH SUNDAY IN ORDINARY TIME / A

29 JANUARY 2023

## FIRST READING

Zeph 2: 3; 3: 12-13

A reading from the prophet Zephaniah

*In your midst I will leave a humble and a lowly people.*

Seek the Lord  
all you, the humble of the earth,  
who obey his commands.  
Seek integrity, seek humility:  
you may perhaps find shelter  
on the day of the anger of the Lord.  
In your midst I will leave  
a humble and lowly people,  
and those who are left in Israel will seek refuge  
in the name of the Lord.

They will do no wrong,  
will tell no lies;  
and the perjured tongue will no longer  
be found in their mouths.  
But they will be able to graze and rest  
with no one to disturb them.

■ The word of the Lord.

## RESPONSORIAL PSALM

Ps 145: 7-10

**R.** Happy the poor in spirit; the kingdom of heaven is theirs! (or Alleluia!)

1. It is the Lord who keeps faith for ever, /  
who is just to those who are oppressed. / It is  
he who gives bread to the hungry, / the Lord,  
who sets prisoners free. **R.**

2. It is the Lord who gives sight to the blind, /  
who raises up those who are bowed down, /  
the Lord, who protects the stranger / and  
upholds the widow and orphan. **R.**

3. It is the Lord who loves the just / but  
thwarts the path of the wicked. / The Lord  
will reign for ever, / Zion's God, from age to  
age. **R.**



## SECOND READING

1 Cor 1: 26-31

A reading from the first letter of St Paul to the Corinthians

*God has chosen what is weak by human reckoning.*

Take yourselves, brothers, at the time when you were called: how many of you were wise in the ordinary sense of the word, how many were influential people, or came from noble families? No, it was to shame the wise that God chose what is foolish by human reckoning, and to shame what is strong that he chose what is weak by human reckoning; those whom the world thinks common and contemptible are the ones that God has chosen – those who are nothing at all to show up those who are everything. The human race has nothing to boast about to God, but you, God has made members of Christ Jesus and by God's doing he has become our wisdom, and our virtue, and our holiness, and our freedom. As scripture says: if anyone wants to boast, let him boast about the Lord.

■ The word of the Lord.

## GOSPEL ACCLAMATION

Mt 5: 12

Alleluia, alleluia!

Rejoice and be glad:

your reward will be great in heaven.

Alleluia!



# OUR LADY of MT CARMEL CHURCH BULLETIN

## 4<sup>th</sup> Sunday Ordinary - 29 January 2023 - Year A

### PARISH INFORMATION

**Address:** 82 Collick Street, Hilton, WA, 6163  
**Phone:** (08) 9314 7733  
**Email:** [sec.hilton@perthcatholic.org.au](mailto:sec.hilton@perthcatholic.org.au)  
**Website:** [www.olmchilton.org.au](http://www.olmchilton.org.au)

### PARISH OFFICE HOURS

**Tuesday, Wednesday & Friday:** 9am – 3pm  
**Thursday:** 9am – 12.30pm

### PARISH MINISTRY TEAM

**Parish Priest:** Fr Paul Raj  
**Parish Secretary:** Tereza Camacho  
**Safeguarding Officer:** Brigette Liddelow - 0432 908 980  
**Avila Retirement Village Secretary:** Judy Rowlands – 0448 205 283  
**OLMC Primary School RE:** Julie Kay  
**OLMC Primary School Principal:** Jayson Peacock - 9269 2000  
**Seton Catholic College Website:** <http://www.seton.wa.edu.au/olmc-parish>

### MASS INTENTIONS



#### 4<sup>th</sup> Sunday Ordinary, 29 January

**Saturday 6pm Mass** for Antonia & Stephen Ivelia (RIP) + Alberto Giglia (RIP Anniversary)

**Sunday 7.30am Mass** for Sacred Heart of Jesus Honour for Souls in Purgatory + Andrew De Sousa (RIP)

**Sunday 9am Mass** for Octavio & Maria Donati (RIP)

#### Monday 30 January

**7-9pm** Holy Trinity Prayer Group **Resumes Monday 6-2-23**

#### Tuesday 31 January – St John Bosco

**9am Mass** for Laura De Oliveira (RIP)

#### Wednesday 1 February

**9am Mass** for Laura De Oliveira (RIP) + OLMC Primary School Attending

**Morning Tea** after Mass

**10.30am** Legion of Mary

**5.30 – 6.30pm** Eucharistic Adoration

#### Thursday 2 February – The Presentation of the Lord + WORLD DAY OF PRAYER FOR CONSECRATED LIFE

**9am-4pm** Church Open for Prayers

#### Friday 3 February - St Blaise & St Ansgar

**9am Anointing + Blessing of Candles Mass** for Laura De Oliveira (RIP) + Katie Hughes for Successful Operation

**9.30 – 10.30am** Eucharistic Adoration

#### Saturday 4 February

**9am Mass** for Laura De Oliveira (RIP)

#### 5<sup>th</sup> Sunday Ordinary, 5 February

**Saturday 6pm Mass** for Laura De Oliveira (RIP) + Maria & Bosco Kalat (RIP)

**Sunday 7.30am Mass** for Laura de Oliveira (RIP) + Andrew de Sousa (RIP)

**Sunday 9am Mass** for Laura De Oliveira (RIP) + Maria Goretti Martins (RIP & Birthday)

**2.30-3.30pm** Holy Hour

Mother, I am yours now and forever. Through you and with you, I always want to belong completely to Jesus ♥♥♥.

Jesus, I surrender myself to you, take care of everything ♥♥♥.



### WELCOME TO OUR LADY OF MT CARMEL PARISH

If you are a new parishioner, please introduce yourself to Fr Paul. We would like to know a bit about you and your family. You can also fill in a Parishioner Registration Form and join in the Parish Planned Giving Program.



### PLEASE PRAY FOR SICK PARISHIONERS

Christine Rhow, Veronica, Maria, Consiglia Ciavatta, Irwin Beachell, Isabella Da Cunha, Martin, Norma Elliott, Rudi Tassell, Steven, Davina, Elisabetta Paddon, Dermot McKernon, Edward Fortune, Zdenka Mravincic, Beatrice Fernandez, Alex, Desmond O'Connor, Lisa Bubb, Maria Villamagna, Romilda Marinelli, Aaron LoCicero, Jacqueline Paul, Lou Collova, Edward Forster, Maria De Sousa ...



### 2023 SACRAMENT DATES

**RECONCILIATION:** Wednesday 15-3-23 at 6.30pm

**1<sup>ST</sup> HOLY COMMUNION:** Sunday 11-6-23 at 9am

**CONFIRMATION:** Sunday 20-8-23 at 9am



### RECONCILIATION

Saturday 9.30-10am and 5.15-5.45pm  
Or by appointment.



### MASS INTENTIONS

Suggested Offering **\$15 per Mass**. Please give Mass Intention Envelopes to Fr Paul or Parish Office.



### NEXT WEEK'S READINGS

#### 5<sup>th</sup> Sunday Ordinary, 5 February

**1<sup>st</sup>:** Is 58:7-10

**2<sup>nd</sup>:** 1 Cor 2:1-5

**Gospel:** Mt 5:13-16



### ENTRANCE ANTIPHON

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.



### COMMUNION ANTIPHON

Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

Here I am Lord, I Have Come to Do Your Will. Choose Me, Crush Me, Mould Me, Inspire Me, and Use Me for Your Greater Glory, Amen ♥♥♥.





# OUR LADY OF MT CARMEL CHURCH BULLETIN

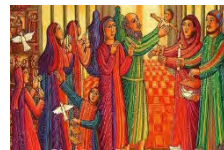
4<sup>th</sup> Sunday Ordinary - 29 January 2023 - Year A

**STEWARDSHIP: Stewardship and the Catholic Foundation (Endowment).** The number of diocesan catholic Foundations or Endowments is growing at a rapid rate. Like other aspects of development and stewardship, the foundation should be under the diocesan stewardship 'umbrella'.



9422 7925 or [perth@caritas.org.au](mailto:perth@caritas.org.au) for more information.

**CANDLEMAS:** On Thursday 2 February the Catholic Church will be celebrating Candlemas! The **Feast of the Presentation of the Lord** is also called Candlemas because of the words of St Simeon: "For mine eyes have seen thy salvation which thou hast prepared in the presence of all peoples, a light for revelation to the Gentiles, and for glory to thy people Israel" (Lk 2:30-32). Jesus is the Light of the World, so Candlemas is the day that the Church blesses candles for use throughout the year... Here, at OLMC Hilton, we will be Blessing Candles on **Friday 3 February 2023** during **9am Mass**.



**2023 HOLY FATHER MONTHLY PRAYER INTENTIONS: JANUARY - For educators.** "We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all."



**OLMC HILTON PARISH & OFFICE GROUNDS GARDEN MAINTENANCE:** We are looking for three or four Volunteers to keep the grounds tidy on a regular basis. Please contact the Parish Office on 08 9314 7733 if you can assist or for more information.



**PLEASE PRAY FOR SICK PRIESTS:** A number of priests in our Archdiocese are seriously ill, especially young priests. Fr Joe Cardoso, who spent some time in our parish is quite ill. He is in Goa, India. Please offer prayers for good health. Also, please pray for Fr Anibal Da Cunha who is very sick. **Fr Paul Raj.**



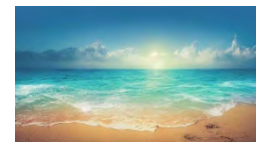
**CARITAS AMBASSADOR PARISH PROGRAM:** Join us for a three-part series where we will dive deeper into the heart and stories of Project Compassion 2023. The aim of this event is to ignite the desire in everyone to answer the call, join in, and reach out to our vulnerable brothers and sisters. In doing so, we unite to bring the love and mercy of God to all. **Date:** Tuesday 31 January 2023 and Tuesday 14 February 2023. **Time:** 6.30pm to 8pm (Light refreshments will be provided.). **Address:** 40A Mary Street, Highgate (Entry to car parking is available from Harold Street.). Please contact Dcn Paul Reid or Shelby D'Souza on



**WORD OF GOD SUNDAY:** The Church in Australia celebrates the Sunday of the Word of God on the first **Sunday in February – 5-12-2023** (5<sup>th</sup> Sunday Ordinary Time, Year A). Pope Francis established the day, which is devoted to "the celebration, study and dissemination" of the Word of God. Visit [www.catholic.org.au/wordofgodSunday](http://www.catholic.org.au/wordofgodSunday) to access resources to help commemorate the day and for suggestions on how to better engage with Sacred Scripture in various ways and settings.



**FEDERATION OF CATHOLIC BISHOPS' CONFERENCES OCEANIA:** The Federation of Catholic Bishops' Conferences of Oceania Assembly will be held in Fiji from **5 February to 10 February 2023**. **PRAYER FOR THE ASSEMBLY:** O God, you revealed yourself in Christ Jesus as loving, merciful and just. Guide our Bishops of Oceania as they meet together to further Pope Francis' call to become a listening Church. Open their hearts to the voice of the Holy Spirit, that they might truly discern and faithfully serve the needs of your People and your World. Colour our way of life and give witness to your presence among us. You who live and reign, God, for ever and ever. Amen.



**A RETREAT ON THE CONNECTIONS BETWEEN ABORIGINAL SPIRITUALITY AND BENEDICTINE SPIRITUALITY:** In this retreat we will be pondering the values of Silence, Listening, Reverence and Community, all three of which are





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4<sup>th</sup> Sunday Ordinary - 29 January 2023 - Year A

integral to both Aboriginal Spirituality and Benedictine Spirituality. In bringing this retreat to you we are stretching out our hands in friendship toward each other – honouring both ways and striving to live in harmony and peace. We hope you will join us. Retreat begins **12 February 2023**. All videos and texts will be available on our website for as long as you need access. There are 6 conferences in this retreat plus a video recorded conversation between Theresa and Sr Antonia at the end of the retreat. There will be one conference each Sunday as well as questions for reflection. The cost of the retreat is \$300.00. If there is a problem with the cost, please do not hesitate to contact us. Register online at <http://www.jamberooabbey.org.au/retreats/online-retreats/>. You will also find many other online retreats on our website.

## DAUGHTERS OF MARY – MOTHER & DAUGHTER GROUP at the SCHOENSTATT SHRINE - Saturday 18 – Sunday 19 February 2023:



We invite you to join us for a monthly formation as we journey together as mothers and daughters in relationship with Mary towards Christ. With Mary as our Mother and Educator we hope to be able to grow in her virtues to be daily followers of Christ. Daughter's age group: 10-14. Time: Every 3<sup>rd</sup> Saturday of the Month, 3pm-4.30pm including afternoon tea. From February to August (optional school holiday activity). Address: Schoenstatt Shrine, 9 Talus Drive, Mount Richon. RSVP: Saturday 4 February 2023. To register, contact Marissa Yang on 0448 966 998 or [peacefulspirit180@gmail.com](mailto:peacefulspirit180@gmail.com) or Sr M Luka Junemann on 0439 537 843 or [srmluka@schoenstatt.org.au](mailto:srmluka@schoenstatt.org.au).

## ONLINE SAFEGUARDING INDUCTION FOR CHURCH WORKERS PAID & UNPAID:

Please attend Safeguarding Induction for Church Workers on one of the following dates: • Tuesday 2-2-23 at 10am, • Monday 13-2-23 at 2pm, • Tuesday 21-2-23 at 7pm. To Register: <https://safeguarding.perthcatholic.org.au/training/> or Email: [safeguarding@perthcatholic.org.au](mailto:safeguarding@perthcatholic.org.au) or Phone: 9221 7762.



## ALAN AMES TALK AND HEALING MASS:



Alan Ames will be conducting a talk followed by healing Mass on **Wednesday 22 February, 7pm Mass**

followed by talk and healing service. Our Lady of Mercy Catholic Church, Cnr Girrawheen Ave & Patrick Ct, Girrawheen. **Further info;** [carver1@inet.net.au](mailto:carver1@inet.net.au).

## LENTEN RETREAT – THE SEVEN LAST WORDS OF CHRIST WITH ST BONAVENTURE: 24 Feb - 26 Feb.



The **“Seven Last Words of Christ”** refer to the seven utterances of Jesus during His final hours upon the cross. These utterances express a summation of His entire message and have provided fruitful and profound meditation for Christians for many centuries. As a preparation for the season of Lent, this retreat will reflect upon the spiritual meanings of these words, guided by the writings of the early Franciscan mystic, St Bonaventure. Cost \$300 (includes accommodation, meals and entry into the Museum and Art Gallery. **Further info** and bookings [www.newnorcia.com.au](http://www.newnorcia.com.au).





# OUR LADY of MT CARMEL CHURCH BULLETIN

## 4<sup>th</sup> Sunday Ordinary - 29 January 2023 - Year A

### BULLETIN SPONSORS



#### OLMC CHURCH

82 Collick Street, Hilton, WA, 6163  
08 9314 7733  
[Sec.hilton@perthcatholic.org.au](mailto:Sec.hilton@perthcatholic.org.au)

#### SAFEGUARDING OFFICER

Brigette Liddelow  
0432 908 980

#### AUSTRALIAN LEADING LOCK SERVICE

Mark Berkovic 0408 404 048  
PO Box 4573, Myaree BC, 6960  
[mls@dammot.com.au](mailto:mls@dammot.com.au)

#### AVILA COURT RETIREMENT VILLAGE

Low cost \*rental unit accommodation.  
For more information contact:  
**Judy 0448 205 283**  
\* Conditions apply

#### BOWRA & O'DEA FUNERAL DIRECTORS

Simply a Matter of Trust  
312 South Street, Hilton  
9239 7744 or [www.bowraodea.com.au](http://www.bowraodea.com.au)

#### UNITED PEST CONTROL

48 Motril Avenue, Coogee.  
PO Box 7141, Spearwood, 6163  
9418 1095 or 0433 995 688

#### RICH HARVEST PTY LTD

Religious Products  
Mon to Fri 10.30am – 6pm  
Sat 10.30am – 3pm  
39 Hulme Court, Myaree  
9329 9889 or [www.rich7harvest.com.au](http://www.rich7harvest.com.au)



#### OUR LADY of MT CARMEL

#### NOVENA: God our Father,

prompted by Your Spirit the order of Carmel has from the beginning dedicated itself to the Mother of Your Son. As she unites her prayers with ours, look with favour upon us and bless our families, keep each of us from harm And bring us to the joy of heaven. We ask this through Jesus the Lord. **Amen.**



#### SOULS in PURGATORY PRAYER:

Eternal Father, I offer You the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, for those in my own home, and in my family. **Amen.**



#### OUR LADY of ALL NATIONS

PRAYER: Lord Jesus Christ, Son of the Father, send now Your Spirit over the earth. Let the Holy Spirit live in the hearts of all nations, that they may be preserved from degeneration, disaster and war. May the Lady of All Nations, the Blessed Virgin Mary, be our Advocate. **Amen.**

#### WEEK 5

28-29 Jan

4 Ordinary

#### COMMENTATOR

#### READERS

#### ACOLTYE

Sat 6pm

Martha Kalat

Sjonny Walker

Enrico D'Alessandro

Sun 7.30am

Diane Richards

Nicolas Lim

Gerry Miller

Sun 9am

Toni Kalat

Helen Le Cordier

Ken Hla

#### WEEK 1

4-5 Feb

5 Ordinary

#### COMMENTATOR

#### READERS

#### ACOLYTE

Sat 6pm

Martha Kalat

Volunteer

Joe De Ornelas

Sun 7.30am

Diane Richards

Jenny Troy

Gerry Miller

Sun 9am

Volunteer

Franca Kalat

Ken Hla



Through Him, with Him, in Him  
In the unity of the Holy Spirit,  
All glory and honour is Yours,  
Almighty Father,  
Forever and ever.  
**Amen.**



#### PRAYER TO OUR LADY HELP OF CHRISTIANS:

Lord, you place deep in our hearts the love of Mary, help of Christians. Through her prayers grant wisdom to our leaders and integrity to our Citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through Christ our Lord. **Amen.**

#### Our Lady of Mount Carmel Parish Hilton EUCHARISTIC ADORATION

**One Hour with Jesus**

Wednesday  
Evenings  
5.30 – 6.30pm  
Friday Mornings  
9.30 – 10.30am





**GOSPEL**

Mt 5:1-12

A reading from the holy Gospel according to Matthew.

*Happy are the poor in spirit.*

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them:

- 'How happy are the poor in spirit; theirs is the kingdom of heaven.
- Happy the gentle: they shall have the earth for their heritage.
- Happy those who mourn: they shall be comforted.
- Happy those who hunger and thirst for what is right: they shall be satisfied.
- Happy the merciful: they shall have mercy shown them.
- Happy the pure in heart: they shall see God.
- Happy the peacemakers: they shall be called sons of God.
- Happy those who are persecuted in the cause of right: theirs is the kingdom of heaven.

'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.'

■ **The Gospel of the Lord.**

**A SERVICE OF THE SOCIETY OF ST PAUL**



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# Breaking Open the Word

## WORKING FOR GOD'S KINGDOM

There is a consistency between the Old Testament reading and the Gospel of today in that they speak of the qualities that should mark the life of faith in the face of difficulty – integrity, humility, truthfulness, and steadfastness. There is a call to hope that despite the presence of obstacles, misunderstanding, and sometimes rejection, God still has the power to intervene in our world. For the people in exile, it was no easy matter to continue to believe that God would intervene to re-establish the faithful in their own land. Would it have been any easier for the people of Jesus' time to hear the words of the beatitudes that proclaimed comfort for mourners, or a sumptuous banquet for those who were starving? There is a fundamental challenge that underlies both these readings: do we really believe that God's kingdom can be established in our midst? Secondly, are we prepared to work to bring that kingdom into reality?

While the Christians of Corinth felt they were living in that reality Paul knew that while there was division the process of conversion still had a long way to go. Paul was convinced that there is no place for competition or envy. He had already used the example of Jesus' humble death to show them that jealousy is misplaced in the Christian community since Jesus displayed his power in humble service. He now goes one step further reminding the Corinthians that their own humble origin is a sign that God's call is best received with humble gratitude.

**Christopher Monaghan CP**