



# THE SAVING WORD

SIXTH SUNDAY IN ORDINARY TIME / A

12 FEBRUARY 2023

## FIRST READING

Sir 15:15-20

**A reading from the book of Sirach**

*He never commanded anyone to be godless.*

If you wish, you can keep the commandments,  
to behave faithfully is within your power.  
He has set fire and water before you;  
put out your hand to whichever you prefer.  
Man has life and death before him;  
whichever a man likes better will be given him.  
For vast is the wisdom of the Lord;  
he is almighty and all-seeing.  
His eyes are on those who fear him,  
he notes every action of man.  
He never commanded anyone to be godless,  
he has given no one permission to sin.

■ The word of the Lord.

**RESP PSALM** Ps 118:1-2, 4-5, 17-18, 33-34. R. v. 1

**R. Happy are they who follow the law of the Lord!**

1. They are happy whose life is blameless, /  
who follow God's law! / They are happy those  
who do his will, / seeking him with all their  
hearts. **R.**

2. You have laid down your precepts / to be  
obeyed with care. / May my footsteps be firm /  
to obey your statutes. **R.**

3. Bless your servant and I shall live / and  
obey your word. / Open my eyes that I may  
consider / the wonders of your law. **R.**

4. Teach me the demands of your statutes /  
and I will keep them to the end. / Train me  
to observe your law, / to keep it with my  
heart. **R.**

## SECOND READING

1 Cor 2:6-10

**A reading from the first letter of St Paul to the Corinthians**

*God in his wisdom predestined our glory before the ages began.*

We have a wisdom to offer those who have reached maturity: not a philosophy of our age, it is true, still less of the masters of our age, which are coming to their end. The hidden



wisdom of God which we teach in our mysteries is the wisdom that God predestined to be for our glory before the ages began. It is a wisdom that none of the masters of this age have ever known, or they would not have crucified the Lord of Glory; we teach what scripture calls: the things that no eye has seen and no ear has heard, things beyond the mind of man, all that God has prepared for those who love him.

These are the very things that God has revealed to us through the Spirit, for the Spirit reaches the depths of everything, even the depths of God.

■ The word of the Lord.

## GOSPEL ACCLAMATION

cf. Mt 11:25

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth;

you have revealed to little ones the mysteries of the kingdom.

Alleluia!



# OUR LADY of MT CARMEL CHURCH BULLETIN

## 6th Sunday Ordinary - 12 February 2023 - Year A

### PARISH INFORMATION

**Address:** 82 Collick Street, Hilton, WA, 6163  
**Phone:** (08) 9314 7733  
**Email:** [sec.hilton@perthcatholic.org.au](mailto:sec.hilton@perthcatholic.org.au)  
**Website:** [www.olmchilton.org.au](http://www.olmchilton.org.au)

### PARISH OFFICE HOURS

**Tuesday, Wednesday & Friday:** 9am – 3pm  
**Thursday:** 9am – 12.30pm

### PARISH MINISTRY TEAM

**Parish Priest:** Fr Paul Raj  
**Parish Secretary:** Tereza Camacho  
**Safeguarding Officer:** Brigette Liddelow - 0432 908 980  
**Avila Retirement Village Secretary:** Judy Rowlands – 0448 205 283  
**OLMC Primary School RE:** Julie Kay  
**OLMC Primary School Principal:** Jayson Peacock - 9269 2000  
**Seton Catholic College Website:** <http://www.seton.wa.edu.au/olmc-parish>

### MASS INTENTIONS



#### 6th Sunday Ordinary, 12 February

**Saturday 6pm Mass** for OLMC School Community  
Sacramental Enrolment Mass + Deceased  
Members of Galinovich Family + Maureen Lewis  
(Birthday Intentions)

**Sunday 7.30am Mass** for Emilio Jurica (RIP) +  
Andrew de Sousa (RIP) + Beatrice Fernandez (Health), Kelvin  
Bennett (Special Intention), Davina Paul (Special Intention), Cheryl  
Nicholas (Health) & Urban Fernandez (Strength & Comfort)

**Sunday 9am Mass** for Stephen Randall (RIP) + Deceased Members  
Ivelja Family + Jim Alberti (RIP 35th Anniversary) + For All Mothers



#### Monday 13 February

**7-9pm** Holy Trinity Prayer Group

#### Tuesday 14 February – Sts Cyril & Methodius

**9am Mass** for Edward, Jason & Rebecca De Sousa (Intentions) +  
Our Lady of Fatima for Caterina Xavier (Health)

#### Wednesday 15 February

**9am Mass** for Joe & Leonor de Sousa (Intentions) + Our Lady of  
Mount Carmel for Caterina Xavier (Health)

**Morning Tea** after Mass

**10.30am** Legion of Mary

**5.30 – 6.30pm** Eucharistic Adoration



#### Thursday 16 February

**9am-4pm** Church Open for Prayers

#### Friday 17 February – The Seven Holy Founders of the Servite Order

**9am Mass** for Tony Pereira (RIP)

**9.30 – 10.30am** Eucharistic Adoration



#### Saturday 18 February

**9am Mass** for Adriano, Maria & Gabriel Pereira (RIP)

#### 7th Sunday Ordinary, 19 February – PROJECT COMPASSION

**Saturday 6pm Mass** for Marin Resic (RIP) + Joan  
Overton (RIP Anniversary)

**Sunday 7.30am Mass** for Andrew de Sousa (RIP)

**Sunday 9am Mass** for Dianne De Olival (RIP) &  
Maria Jose Da Silva (RIP) + Maria & Bosko Kalat (RIP)

**11am Baptism** of Mateo Federico



Here I am Lord, I Have Come to Do Your Will. Choose  
Me, Crush Me, Mould Me, Inspire Me, and Use Me for  
Your Greater Glory, Amen ♡♥♠.



### WELCOME TO OUR LADY OF MT CARMEL PARISH

If you are a new parishioner, please  
introduce yourself to Fr Paul. We extend  
a warm welcome to our Parish of Our  
Lady of Mount Carmel.



### PLEASE PRAY FOR SICK PARISHIONERS

Christine Rhow, Veronica, Maria, Consiglia  
Ciavatta, Irwin Beachell, Isabella Da Cunha,  
Martin, Norma Elliott, Rudi Tassell, Steven,  
Davina, Elisabetta Paddon, Dermot McKernon,  
Edward Fortune, Zdenka Mravincic, Beatrice Fernandez,  
Alex, Desmond O'Connor, Lisa Bubb, Maria Villamagna,  
Romilda Marinelli, Aaron LoCicero, Jacqueline Paul, Lou  
Collova, Edward Forster, Maria De Sousa ...



### 2023 SACRAMENT DATES

**RECONCILIATION:** Wednesday 15-3-23 at 6.30pm

**1ST HOLY COMMUNION:** Sunday 11-6-23 at 9am

**CONFIRMATION:** Sunday 20-8-23 at 9am



### RECONCILIATION

Saturday 9.30-  
10am and 5.15-  
5.45pm  
Or by appointment.



### MASS INTENTIONS

Suggested Offering **\$15**  
**per Mass.** Please give  
Mass Intention  
Envelopes to Fr Paul or  
Parish Office.



### NEXT WEEK'S READINGS

#### 7th Sunday Ordinary, 19 February

**1st:** Lev 19:1-2, 17-18

**2nd:** 1 Cor 3:16-23

**Gospel:** Mt 5:38-48



### ENTRANCE ANTIPHON

Be my protector, O God, a mighty stronghold  
to save me. For you are my rock, my  
stronghold! Lead me, guide me, for the sake  
of your name.



### COMMUNION ANTIPHON

They ate and had their fill, and what they  
craved the Lord gave them; they were not disappointed in  
what they craved.

Jesus, I surrender myself to you, take care  
of everything ♡♥♠. Mother, I am yours  
now and forever. Through you and with  
you, I always want to belong completely to  
Jesus ♡♥♠.





# OUR LADY OF MT CARMEL CHURCH BULLETIN

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## STEWARDSHIP: Stewardshop and the Catholic Foundation (Endowment).

The purpose of these diocesan Foundations is to attract cash or deferred gifts that will be held in perpetuity.



## 2023 HOLY FATHER MONTHLY PRAYER INTENTIONS: FEBRUARY - For parishes.

"We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need".



## ONLINE SAFEGUARDING INDUCTION FOR CHURCH WORKERS PAID & UNPAID:

Please attend Safeguarding Induction for Church Workers on one of the following dates: • Monday 13-2-23 at 2pm, • Tuesday 21-2-23 at 7pm. To Register: <https://safeguarding.perthcatholic.org.au/training/> or Email: [safeguarding@perthcatholic.org.au](mailto:safeguarding@perthcatholic.org.au) or Phone: 9221 7762.



## CARITAS AMBASSADOR PARISH PROGRAM:

Join us for a three-part series where we will dive deeper into the heart and stories of Project Compassion 2023. The aim of this event is to ignite the desire in everyone to answer the call, join in, and reach out to our vulnerable brothers and sisters. In doing so, we unite to bring the love and mercy of God to all. **Date:** Tuesday 14 February 2023. **Time:** 6.30pm to 8pm (Light refreshments will be provided.). **Address:** 40A Mary Street, Highgate (Entry to car parking is available from Harold Street.). Please contact Dcn Paul Reid or Shelby D'Souza on 9422 7925 or [perth@caritas.org.au](mailto:perth@caritas.org.au) for more information.



## DAUGHTERS OF MARY – MOTHER & DAUGHTER GROUP at the SCHOENSTATT SHRINE - Saturday 18 – Sunday 19 February 2023:

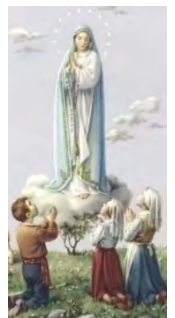
We invite you to join us for a monthly formation as we journey together as



mothers and daughters in relationship with Mary towards Christ. With Mary as our Mother and Educator we hope to be able to grow in her virtues to be daily followers of Christ. Daughter's age group: 10-14. Time: Every 3<sup>rd</sup> Saturday of the Month, 3pm-4.30pm including afternoon tea. From February to August (optional school holiday activity). Address: Schoenstatt Shrine, 9 Talus Drive, Mount Richon. RSVP: Saturday 4 February 2023. To register, contact Marissa Yang on 0448 966 998 or [peacefulspirit180@gmail.com](mailto:peacefulspirit180@gmail.com) or Sr M Luka Junemann on 0439 537 843 or [srmluka@schoenstatt.org.au](mailto:srmluka@schoenstatt.org.au).

## FROM BUSH BLOCK TO 100 YEARS LATER: A Social History of Palmyra Parish & School

is a centenary talk by Fr Ted Miller on Monday 20 February at 7pm at Miller Bakehouse Museum, cnr Baal & Elvira Sts Palmyra. Palmyra parish extended initially from East Fremantle to Canning Bridge and from The Swan River to Jandakot. Free entry. Supper to follow. rsvp [melvillehistory@gmail.com](mailto:melvillehistory@gmail.com) OR by text or voice: 0466 333 849.



## ALAN AMES TALK AND HEALING MASS:

Alan Ames will be conducting a talk followed by healing Mass on **Wednesday 22 February, 7pm Mass** followed by talk and healing service. Our Lady of Mercy Catholic Church, Cnr Girrawheen Ave & Patrick Ct, Girrawheen. **Further info;** [carver1@iinet.net.au](mailto:carver1@iinet.net.au).



## INTRODUCTION TO SACRAMENTS: KEY MILESTONES ON OUR CHRISTIAN JOURNEY.



## Thursdays 24 Feb - 26 Feb, 7.30pm to 8.30pm, (4 sessions) Bateman Parish, 100 Dean Road, Bateman.

The seven Sacraments mark all the important stages of our Christian life and sustain us in our sense of mission as Christians (Catechism of the Catholic Church 1210). This course covers the fundamental meaning and the scriptural, historical, theological, and liturgical principles of each of the seven Sacraments. Join us as we explore how the Sacraments can deepen and give meaning to our unique relationship with God. Suggested Donation: \$20.00 Presenter: Fr Greg Donovan. **Further info or**



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to register, [email cfe@perthcatholic.org.au](mailto:cfe@perthcatholic.org.au), or call 08 9278 0261.

## LENTEN RETREAT – THE SEVEN LAST WORDS OF CHRIST WITH ST BONAVENTURE: 24 Feb - 26 Feb.

The “Seven Last Words of Christ” refer to the seven utterances of Jesus during His final hours upon the cross. These utterances express a summation of His entire message and have provided fruitful and profound meditation for Christians for many centuries. As a preparation for the season of Lent, this retreat will reflect upon the spiritual meanings of these words, guided by the writings of the early Franciscan mystic, St Bonaventure. Cost \$300 (includes accommodation, meals and entry into the Museum and Art Gallery. **Further info** and bookings [www.newnorcia.com.au](http://www.newnorcia.com.au).



## ST VINCENT DE PAUL SOCIETY:

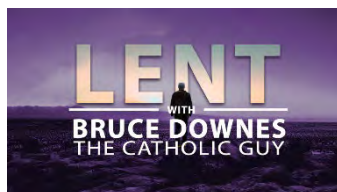
**Putting our Faith into Action.**

‘Are you looking for a meaningful form of donation?’ The greatest donation we can all give is our time. The Hilton Conference is seeking parishioners keen to strengthen their Christian faith, who want to give back to the community by doing ‘good deeds’ in the name of ‘Jesus’. Who would be keen to work alongside like-minded people. We assist families and single people in crisis because we believe that faith, along with good works, is the way to God. You are invited to contact me or any other member of our group to find out more about what we do and discuss any queries you may have. **It is a great opportunity to deepen your faith and put it into practice.** Thank you, Ian Digney. President of the Hilton Conference of Saint Vincent de Paul Society. 0428 121 152.



## LENT 2023 WITH THE CATHOLIC GUY BRUCE DOWNES:

Lent is a time when we can grow closer to God and prepare our hearts for the true meaning of Easter. Be inspired. Be refreshed. Be renewed! For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you



can sign up here: <https://BruceDownes.org/Lent23>. Go to [BruceDownes.org](http://BruceDownes.org) for more information.

## ANIMA CHRISTI: A Mystical Prayer.

**Line by Line.** Breaking the Anima Christi down line-by-line, I will reflect briefly on each of them. <https://www.franciscanmedia.org/franciscan-spirit-blog/anima-christi-a-mystical-prayer/>.

**Soul of Christ, sanctify me.** O Jesus, may your soul—vast as the universe—invade my whole being and draw me closer to you. **Body of Christ, save me.** I open myself to your love. Embrace me with your healing and transforming power. I am especially moved by this prayer when I reflect on it after receiving the body and blood of Christ at Holy Communion — or after Mass has ended. **Blood of Christ, inebriate me.** You have redeemed me, Jesus, by your blood shed upon the cross. At the Eucharist, I receive that blood in the form of wine. Your burning love is so overwhelming that I become intoxicated by the intensity of your love for me. **Water from the side of Christ, wash me.** Yes, Jesus, let the water flowing from your side cleanse me, as did the life-giving water that flowed over me at Baptism. And may this saving stream never stop flowing through me! **Passion of Christ, strengthen me.** It is your power, and not my own, that heals me and makes me strong. As the psalmist says, “Unless the LORD build the house, they labour in vain who build” (Ps 127:1). Your strength alone is my source of hope. **O good Jesus, hear me. Within your wounds hide me.** I experience something very mystical and intimate, Jesus, when I hide there. **Let me never be separated from you.** Loving Saviour, these words express for me the most central theme of the Anima Christi. Keep me aware that this is not so much a gaining of information about you, O Jesus, as it is a growing into a more intimate love union with you. **From the malignant enemy, defend me.** These words are similar to the closing words of the Our Father, which teach me to say: “Lead us not into temptation, but deliver us from evil.” Loving Lord, set me free from any malignant force that separates me from you — and from life itself! **In the hour of my death, call me, and bid me come to you that, with your saints, I may praise you for ever and ever. Amen.** Jesus, I need your help to reach my final destination in your heavenly kingdom. Stay with me to the end so I can join in singing your praises with all who are saved by your overflowing and immense love!





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### BULLETIN SPONSORS



#### OLMC CHURCH

82 Collick Street, Hilton, WA, 6163  
08 9314 7733  
[Sec.hilton@perthcatholic.org.au](mailto:Sec.hilton@perthcatholic.org.au)

#### SAFEGUARDING OFFICER

Brigette Liddelow  
0432 908 980

#### AUSTRALIAN LEADING LOCK SERVICE

Mark Berkovic 0408 404 048  
PO Box 4573, Myaree BC, 6960  
[mls@dammot.com.au](mailto:mls@dammot.com.au)

#### AVILA COURT RETIREMENT VILLAGE

Low cost \*rental unit accommodation.  
For more information contact:  
**Judy 0448 205 283**  
\* Conditions apply

#### BOWRA & O'DEA FUNERAL DIRECTORS

Simply a Matter of Trust  
312 South Street, Hilton  
9239 7744 or [www.bowraodea.com.au](http://www.bowraodea.com.au)

#### UNITED PEST CONTROL

48 Motril Avenue, Coogee.  
PO Box 7141, Spearwood, 6163  
9418 1095 or 0433 995 688

#### RICH HARVEST PTY LTD

Religious Products  
Mon to Fri 10.30am – 6pm  
Sat 10.30am – 3pm  
39 Hulme Court, Myaree  
9329 9889 or [www.rich7harvest.com.au](http://www.rich7harvest.com.au)



#### OUR LADY of MT CARMEL

#### NOVENA: God our Father,

prompted by Your Spirit the order of Carmel has from the beginning dedicated itself to the Mother of Your Son. As she unites her prayers with ours, look with favour upon us and bless our families, keep each of us from harm And bring us to the joy of heaven. We ask this through Jesus the Lord. **Amen.**



#### SOULS in PURGATORY PRAYER:

Eternal Father, I offer You the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, for those in my own home, and in my family. **Amen.**



#### OUR LADY of ALL NATIONS

PRAYER: Lord Jesus Christ, Son of the Father, send now Your Spirit over the earth. Let the Holy Spirit live in the hearts of all nations, that they may be preserved from degeneration, disaster and war. May the Lady of All Nations, the Blessed Virgin Mary, be our Advocate. **Amen.**

**WEEK 2**  
11-12 Feb  
6 Ordinary

#### COMMENTATOR

#### READERS

#### ACOLYTE

Sat 6pm

Volunteer

Susie Poleschtschuk

Simon Overton

Sun 7.30am

Diane Richards

Nicolas Lim

Gerry Miller

Sun 9am

Vicky Rafala

Volunteer

Frank Cooper

**WEEK 3**  
18-19 Feb  
7 Ordinary

#### COMMENTATOR

#### READERS

#### ACOLYTE

Sat 6pm

Loretta Masnada

Carmel Collova

Gerald Farrell

Sun 7.30am

Mark Ryan

Maureen Cooper

Frank Cooper

Sun 9am

Toni Kalat

Jason Rozario

Joe De Ornelas



Through Him, with Him, in Him  
In the unity of the Holy Spirit,  
All glory and honour is Yours,  
Almighty Father,  
Forever and ever.  
**Amen.**



#### PRAYER TO OUR LADY HELP OF CHRISTIANS:

Lord, you place deep in our hearts the love of Mary, help of Christians. Through her prayers grant wisdom to our leaders and integrity to our Citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through Christ our Lord. **Amen.**

#### Our Lady of Mount Carmel Parish Hilton EUCHARISTIC ADORATION

**One Hour with Jesus**

Wednesday  
Evenings  
5.30 – 6.30pm  
Friday Mornings  
9.30 – 10.30am





### GOSPEL

Mt 5:20-22, 27-28, 33-34

A reading from the holy Gospel according to Matthew.

*Such was said to your ancestors; but I say to you.*

Jesus said to his disciples: I tell you, if your virtue goes no deeper than that of the scribes and Pharisees, you will never get into the kingdom of heaven.

'You have learnt how it was said to our ancestors; You must not kill; and if anyone does kill he must answer for it before the court. But I say this to you: anyone who is angry with his brother will answer for it before the court;

'You have learnt how it was said: You must not commit adultery. But I say to you: if a man looks at a woman lustfully, he has already committed adultery with her in his heart.

'Again, you have learnt how it was said to our ancestors: You must not break your oath, but must fulfil your oaths to the Lord. But I say this to you: do not swear at all. All you need say is "Yes" if you mean yes, "No" if you mean no; anything more than this comes from the evil one.'

### ■ The Gospel of the Lord.

*Longer form 5:17-37*

#### A SERVICE OF THE SOCIETY OF ST PAUL



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# Breaking Open the Word

## CHOICES

Choices are a part of the human experience. Some are minor and of little consequence, others will shape our futures and have lasting ramifications for our lives. Ecclesiasticus places a choice before us: we have the power to choose life or death, that is, whether we will follow the living God or not. While many people are fearful of God's judgement the point of the first reading is that any judgement on God's part is only a consequence of our own (cf. John 3:17.12:47).

Jesus invited his hearers to make a decision about the standard they used to live their life of faith. They had grown up with the Jewish law but now the invitation is made to choose a new set of criteria. In the next few weeks, the excerpts from the Sermon on the Mount invite us to choose once again the values that Jesus places before us. Today the challenge is made in terms of our attitude regarding violence, sexual morality and the quality of our speech.

Paul places a choice before the Corinthians – to model their lives on the wisdom of the cross. In Paul's time, the mystery cults abounded and such groups considered themselves as having been initiated into the elect, those who had knowledge and power denied to those around them. He knew they had been given the gift of the Spirit and wisdom, but it was the misunderstood and paradoxical wisdom of the cross.

**Christopher Monaghan CP**