



THE SAVING WORD

FIRST SUNDAY OF LENT / A

26 FEBRUARY 2023

FIRST READING

Gen 2:7-9; 3:1-7

A reading from the book of Genesis

Creation of our first parents, and sin.

The Lord God fashioned man of dust from the soil. Then he breathed into his nostrils a breath of life, and thus man became a living being.

The Lord God planted a garden in Eden which is in the east, and there he put the man he had fashioned. The Lord God caused to spring up from the soil every kind of tree, enticing to look at and good to eat, with the tree of life and the tree of the knowledge of good and evil in the middle of the garden.

The serpent was the most subtle of all the wild beasts that the Lord God had made. It asked the woman, 'Did God really say you were not to eat from any of the trees in the garden?' The woman answered the serpent, 'We may eat the fruit of the trees in the garden. But of the fruit of the tree in the middle of the garden God said, "You must not eat it, nor touch it, under pain of death."' Then the serpent said to the woman, 'No! You will not die! God knows in fact that on the day you eat it your eyes will be opened and you will be like gods, knowing good and evil.' The woman saw that the tree was good to eat and pleasing to the eye, and that it was desirable for the knowledge that it could give. So she took some of its fruit and ate it. She gave some also to her husband who was with her, and he ate it. Then the eyes of both of them were opened and they realised that they were naked. So they sewed fig-leaves together to make themselves loin-cloths.

■ The word of the Lord.

RESP PSALM

Ps 50:3-6, 12-14, 17. R. v. 3

R. Be merciful, O Lord, for we have sinned.

1. Have mercy on me, God, in your kindness. / In your compassion blot out my offence. / O wash me more and more from my guilt / and cleanse me from my sin. R.

2. My offences truly I know them; / my sin is always before me. / Against you, you alone



have I sinned; / what is evil in your sight I have done. R.

3. A pure heart create for me, O God, / put a steadfast spirit within me. / Do not cast me away from your presence, / nor deprive me of your holy spirit. R.

4. Give me again the joy of your help; / with a spirit of fervour sustain me. / O Lord, open my lips / and my mouth shall declare your praise. R.

SECOND READING

Rom 5:12, 17-19.

A reading from the letter of St Paul to the Romans

Where sin increased, there grace abounded all the more.

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned.

If it is certain that death reigned over everyone as the consequence of one man's fall, it is even more certain that one man, Jesus Christ, will cause everyone to reign in life who receives the free gift that he does not deserve, of being made righteous. Again, as one man's fall brought condemnation on everyone, so the good act of one man brings everyone life and makes them justified. As by one man's disobedience many were made sinners, so by one man's obedience many will be made righteous.

■ The word of the Lord.

Longer form 5:12-19



OUR LADY of MT CARMEL CHURCH BULLETIN

1st Sunday Lent - 26 February 2023 - Year A

PARISH INFORMATION

Address: 82 Collick Street, Hilton, WA, 6163
Phone: (08) 9314 7733
Email: sec.hilton@perthcatholic.org.au
Website: www.olmchilton.org.au

PARISH OFFICE HOURS

Tuesday, Wednesday & Friday: 9am – 3pm
Thursday: 9am – 12.30pm

PARISH MINISTRY TEAM

Parish Priest: Fr Paul Raj
Parish Secretary: Tereza Camacho
Safeguarding Officer: Brigette Liddelow - 0432 908 980
Avila Retirement Village Secretary: Judy Rowlands – 0448 205 283
OLMC Primary School RE: Julie Kay
OLMC Primary School Principal: Jayson Peacock - 9269 2000
Seton Catholic College Website: <http://www.seton.wa.edu.au/olmc-parish>

MASS INTENTIONS



1st Sunday Lent, 26 February

Saturday 6pm Mass for Ivan Resic (RIP) + Rosario Xavier Carvalho (RIP & Birthday) & Salvacao Carvalho (RIP)

Sunday 7.30am Mass for Andrew de Sousa (RIP) + John Maitan, Bruce & Ian Richards (RIP) + Maria Grazia (RIP 3rd Anniversary) & Teodoro Carozza (RIP)

Sunday 9am Mass for Deceased Members Kalat Family + Dorita Martin (RIP 2nd Anniversary) & Odilia Martin (RIP) + William Michael Edwards (RIP 40th Anniversary) + Dulcie & Lou (Anniversary) + Phyllis Thorpe (Memory)

11am Baptism of Isla Saige Petho, Lake Laszlo Petho & Reyn Rose Petho

Monday 27 February – St Gregory of Narek

7-9pm Holy Trinity Prayer Group + **7.30pm Mass**

Tuesday 28 February

9am Mass for Manuel Messias (RIP)

Wednesday 1 March

9am Mass for Souls in Purgatory

Morning Tea after Mass

10.30am Legion of Mary

5.30 – 6.30pm Eucharistic Adoration

Thursday 2 March

9am-4pm Church Open for Prayers

Friday 3 March – Autumn Ember Day – Day of Prayer & Penance

9am Anointing Mass for Souls in Purgatory

9.30 – 10.30am Eucharistic Adoration

10am Holy Communion at Hilton Park Aged Care

Saturday 4 March – St Casimir

9am Mass for Kathy Cikoratic (RIP)

10.30am Baptism of Camille & Amalia Huizi Aurrecoechea

2nd Sunday Lent, 5 March

Saturday 6pm Mass for Jela Frkic (RIP) + Luigina D'Alessandro (RIP 5th Anniversary) & Giovina D'Alessandro (RIP & Birthday)

Sunday 7.30am Mass for Andrew de Sousa (RIP)

Sunday 9am Mass for Holy Father Honour

2.30-3.30pm Holy Hour



WELCOME TO OUR LADY OF MT CARMEL PARISH

If you are a new parishioner, please introduce yourself to Fr Paul. We extend a warm welcome to our Parish of Our Lady of Mount Carmel.



PLEASE PRAY FOR SICK PARISHIONERS

Christine Rhow, Veronica, Maria, Consiglia Ciavatta, Irwin Beachell, Isabella Da Cunha, Martin, Norma Elliott, Rudi Tassell, Steven, Davina, Elisabetta Paddon, Dermot McKernon, Edward Fortune, Zdenka Mravincic, Beatrice Fernandez, Alex, Desmond O'Connor, Lisa Bubb, Maria Villamagna, Romilda Marinelli, Aaron LoCicero, Jacqueline Paul, Lou Collova, Edward Forster, Maria De Sousa ...



2023 SACRAMENT DATES

RECONCILIATION: Wednesday 15-3-23 at 6.30pm

1ST HOLY COMMUNION: Sunday 11-6-23 at 9am

CONFIRMATION: Sunday 20-8-23 at 9am



RECONCILIATION

Saturday 9.30-

10am and 5.15-

5.45pm

Or by appointment.



MASS INTENTIONS

Suggested Offering **\$15**

per Mass. Please give

Mass Intention

Envelopes to Fr Paul or

Parish Office.



NEXT WEEK'S READINGS

2nd Sunday Lent, 26 February

1st: Gen 12:1-4

2nd: 2 Tim 1:8-10

Gospel: Mt 17:1-9



ENTRANCE ANTIPHON

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.



COMMUNION ANTIPHON

One does not live by bread alone, but by every word that comes forth from the mouth of God.

Jesus, I surrender myself to you, take care of everything ♥♥♥. Mother, I am yours now and forever. Through you and with you, I always want to belong completely to Jesus ♥♥♥.





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STEWARDSHIP: Stewardship and the Catholic Foundation (Endowment). A Catholic Foundation is established to provide long-term, future stability for parishes, schools, and the diocese.



May the cross of Jesus remind us that only love finds the way forward. As we work with big hearts, may we join with Mary in her hope that from now on all generations will experience the great things you will do through us. We ask this in Jesus' name. Amen.



2023 HOLY FATHER MONTHLY PRAYER INTENTIONS: FEBRUARY - For parishes.

"We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need".



POPE FRANCIS QUOTE: "Let us pray for peace: peace in the world and in each of our hearts." "God's love calls us to move beyond fear. We ask God for the courage to put on faith, hope and love as we go out into the world and become the word in body as well as spirit."



MISSION: Change their lives ... and yours.  **Palms Australia**

Communities in Africa, Asia or the Pacific are seeking Australians from a variety of professions and trades to share their skills with those who have less opportunity to develop their talents. Explore 35 positions by scanning the QR code below. On our website you can also see news including stories from those currently supported in Timor-Leste, Samoa, American Samoa and Thailand. Please enquire further about potential assignments for you or someone you know: Ring 02 9560 5333 or 0422 472 567 or Web www.palms.org.au.



FIRST SUNDAY LENT 25 & 26 FEBRUARY 2023:

After losing her father when she was just 10 years-old, Laxmi was at risk of falling further into extreme poverty. But with the support of our partner Caritas Nepal, Laxmi joined a child's club, became a leader in her school and is now a mentor to other children in her village. **Please donate to Project Compassion 2023.** Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations.** You can donate through Project Compassion donation boxes / envelopes available from your parish, by visiting caritas.org.au/project-compassion, or by calling 1800 024 413.



PROJECT COMPASSION PRAYER 2023:

God of all generations, We thank you for those who have gone before us, Especially those who have cared for your earth and Who inspire us to help respect your creation And contribute to its healing. We thank you for those with whom we share our lives today, Especially those who work for justice and peace. May we welcome the opportunity that Lent brings to walk more closely with you, especially through fasting, almsgiving and prayer. We thank you for the challenge of the future.



SAFEGUARDING INDUCTION FOR ALL CHURCH WORKERS: The Australian Catholic Bishops conference has broadened safeguarding to include adults at risk. **ALL** church workers – volunteers or paid – are to attend a 1 hour safeguarding induction. A church worker is **anyone** in the parish in **any role** – paid or voluntary. This induction provides an overview of the Safeguarding Policies and Procedures, the role of the Parish safeguarding Officer, and the importance of Safeguarding within the parish. The upcoming session will be on **Tuesday 14 March 2023** between **7-8pm** at **Our Lady of Mount Carmel, 82 Collick Street, Hilton, WA, 6163.** To register please phone 9221 7762 or <https://safeguarding.perthcatholic.org.au/training/#induction>.



LENT 2023 WITH THE CATHOLIC GUY BRUCE DOWNES: Lent is a time when we can grow closer to God and prepare our hearts for the true meaning of Easter. Be





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inspired. Be refreshed. Be renewed! For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up here: <https://BruceDownes.org/Lent23>. Go to BruceDownes.org for more information.

A MESSAGE FROM AID TO THE CHURCH IN NEED AUSTRALIA:



Aid to the Church in Need

ACN AUSTRALIA dedicated to supporting the suffering and persecuted Church. **HELP SYRIA.** Aid to the Church in Need (ACN) has launched an emergency appeal for the people in northern Syria desperate for help following the devastating earthquakes. ACN is begging for funds to support their long-time local project partners on the ground in Syria. To read more about what ACN is doing and to make an offering please visit www.aidtochurch.org/syriaearthquake.

PRAYER FOR UKRAINE. From the Catholic Agency for Overseas Development:

Loving God, We pray for the people of Ukraine, for all those suffering or afraid, that you will be close to them and protect them. We pray for world leaders, for compassion, strength and wisdom to guide their choices. We pray for the world that in this moment of crisis, we may reach out in solidarity to our brothers and sisters in need. May we walk in your ways so that peace and justice become a reality for the people of Ukraine and for all the world. Amen.



THE SAVING POWER OF LOVE:

In this week's intercessory prayers for parishes, we note World Wildlife Day on 3 March and pray for all those who work to care for God's creatures.



WANTED - DAY ACTIVITIES FOR ADULTS WITH DISABILITY - EMMANUEL CENTRE:

Emmanuel Centre currently has a couple of vacancies for day activities at our centre near East Perth train station. **Mondays and or**



Tuesdays 9.30am to 2pm. Cost of \$4.00 per day to cover morning tea and light lunch provided. If interested, please ring 08 9328 8113 or email emmanuelcentre@perthcatholic.org.au.

JOB OPPORTUNITY

EMPLOYMENT OPPORTUNITY - ACTS 2 COLLEGE OF MISSION & EVANGELISATION - ADMINISTRATION & LIBRARIAN:

Acts 2 College of Mission & Evangelisation is a Catholic Ministry Training College in Perth. The College is currently looking for an administrative assistant and a librarian. **ADMINISTRATIVE ASSISTANT:** 10 hours per week. Maintains student database; provides administrative support to staff; assists in the enrolment of new students; Maintains college storage area. **LIBRARIAN:** Part-Time Volunteer(s). Manages print and audio-visual resources within the library – cataloguing, loans and returns, shelving; supports students in their use of the library; maintain the database (Library world); liaise with lecturers prior to each term regarding resources for restricted borrowing. **Further Info:** contact Principal Jane Borg on 0401 692 690 or email jane.borg@acts2come.wa.edu.au.



NEW NORCIA BENEDICTINE COMMUNITY

LETTING GO: 31 March to 2 April. As we journey through life, we are in a continual process of 'letting go', in many different ways. This letting go can be the result of the loss of loved ones, of the process of ageing, of relationship changes, and families growing up, etc. On the other hand, there can be things in our hearts -anger, regret, grief, attachment- of which we would like to let go but find it difficult to do so. Yet, in learning to 'let go', we can embrace God's plan for us more deeply, and thus come to live with greater fullness and freedom. This retreat will provide companionship and guidance in this process. Presenter, Sr. Lilian Bong, SJA. Cost, \$300 (includes accommodation, meals and entry into the Museum and Art Gallery. **Further info and bookings** www.newnorcia.com.au.



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BULLETIN SPONSORS



OLMC CHURCH

82 Collick Street, Hilton, WA, 6163
08 9314 7733
Sec.hilton@perthcatholic.org.au

SAFEGUARDING OFFICER

Brigette Liddelow
0432 908 980

AUSTRALIAN LEADING LOCK SERVICE

Mark Berkovic 0408 404 048
PO Box 4573, Myaree BC, 6960
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39 Hulme Court, Myaree
9329 9889 or www.rich7harvest.com.au



OUR LADY of MT CARMEL

NOVENA: God our Father,

prompted by Your Spirit the order of Carmel has from the beginning dedicated itself to the Mother of Your Son. As she unites her prayers with ours, look with favour upon us and bless our families, keep each of us from harm And bring us to the joy of heaven. We ask this through Jesus the Lord. **Amen.**



SOULS in PURGATORY PRAYER:

Eternal Father, I offer You the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal church, for those in my own home, and in my family. **Amen.**



OUR LADY of ALL NATIONS

PRAYER: Lord Jesus Christ,

Son of the Father, send now Your Spirit over the earth. Let the Holy Spirit live in the hearts of all nations, that they may be preserved from degeneration, disaster and war. May the Lady of All Nations, the Blessed Virgin Mary, be our Advocate. **Amen.**

WEEK 4
25-26 Feb
1 Lent

COMMENTATOR

READERS

ACOLTYE

Sat 6pm

Volunteer

Katie Hughes

Enrico D'Alessandro

Sun 7.30am

Diane Richards

Jenny Troy

Gerry Miller

Sun 9am

Franca Kalat

Elizabeth Sabella

Gerald Farrell

WEEK 1
4-5 Mar
2 Lent

COMMENTATOR

READERS

ACOLYTE

Sat 6pm

Martha Kalat

Susie Poleschtschuk

Joe De Ornelas

Sun 7.30am

Diane Richards

Jenny Troy

Gerry Miller

Sun 9am

Volunteer

Franca Kalat

Ken Hla



Through Him, with Him, in Him
In the unity of the Holy Spirit,
All glory and honour is Yours,
Almighty Father,
Forever and ever.
Amen.



PRAYER TO OUR LADY HELP OF CHRISTIANS:

Lord, you place deep in our hearts the love of Mary, help of Christians. Through her prayers grant wisdom to our leaders and integrity to our Citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through Christ our Lord. **Amen.**



EUCHARISTIC ADORATION

Come Visit Jesus
For One Hour
Wednesday Evenings
5.30 – 6.30pm
Friday Mornings
9.30 – 10.30am
Jesus is Waiting for You



GOSPEL ACCLAMATION

Mt 4:4

Praise to you, Lord Jesus Christ, king of endless glory! / No one lives on bread alone, / but on every word that comes from the mouth of God. / Praise to you, Lord Jesus Christ, king of endless glory!

GOSPEL

Mt 4:1-11

A reading from the holy Gospel according to Matthew.

Jesus fasted for forty days and nights.

Jesus was led by the Spirit out into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, after which he was very hungry, and the tempter came and said to him, 'If you are the Son of God, tell these stones to turn into loaves.' But he replied, 'Scripture says:

Man does not live on bread alone
but on every word that comes from the
mouth of God.'

The devil then took him to the holy city and made him stand on the parapet of the Temple. 'If you are the Son of God' he said 'throw yourself down; for scripture says:

He will put you in his angels' charge,
and they will support you on their hands
in case you hurt your foot against a stone.'

Jesus said to him, 'Scripture also says:

You must not put the Lord your God to the
test.'

Next, taking him to a very high mountain, the devil showed him all the kingdoms of the world and their splendour. 'I will give you all these,' he said, 'if you fall at my feet and worship me.' Then Jesus replied, 'Be off, Satan! For scripture says:

You must worship the Lord your God,
and serve him alone.'

Then the devil left him, and angels appeared and looked after him.

■ The Gospel of the Lord.

A SERVICE OF THE SOCIETY OF ST PAUL



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Breaking Open the Word

IN JESUS' FOOTSTEPS

At the dawn of human history, Adam and Eve were seduced into trying to grasp equality with God. In their quest to become like God they gained some knowledge, but it left them chastened and disillusioned. Created in God's image they now saw that dignity was distorted by sin and became aware of their nakedness, vulnerability and need for God.

Prior to commencing his public ministry, Jesus undergoes a time of testing and preparation. During this time Jesus shares in all the trials that Israel experienced in the desert. They lost their way in the desert but Jesus gives us hope as he reveals the qualities that mark God's children. He knows the source of his life is to be found in God so there is no need to make his own bread. He knows that God is with him, and does not need to put God to the test. He is certain that God is the source of his life and power, and rejects the call to worship Satan.

Paul looked at all of salvation history and saw that Adam and Jesus marked two vital moments in God's dealing with humanity. What had been lost by one had been more than regained by the other. Through the gracious gift of Jesus' death, we are able to begin anew as God's children. As we begin the season of Lent we are invited to reflect on our own story, to begin once again with thankful hearts, and follow in the footsteps of Jesus.

Christopher Monaghan CP